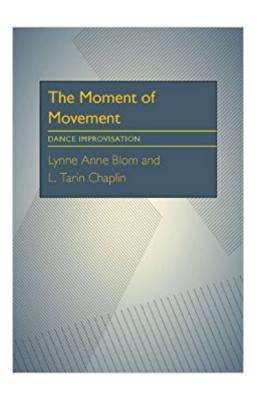
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The Moment Of Movement: Dance Improvisation





Synopsis

Dance improvisation, the intriguing phenomenon of the creative process alive in the moving body, exists powerfully, sublimely - lending insight, solving problems, allowing moments of transcendence, diversion, and delight. A Flourishing especially since the postmodern movement of the 1960s, it has come into its own in the performing arts. A While there are many books containing ideas for developing improvisations, few have tackled the difficult questions: â œWhat is dance improvisation?â •Â â œHow does it work?â • or â œWhat is its body of knowledge?â •The Moment of Movement goes beyond lists of improvisations and into the heart of improvising. A s in their previous book, The Intimate Act of Choreography, the authors pursue both the philosophical and the practical. A They begin by examining the creative process as it applies to movement and especially the kinesthetic way in which the body knows and uses movement. Â They answer the often unstated and pertinent questions of the novice; investigate the particular skills and traits needed by the leader; consider ways of working with specific populations; and provide challenging material for advanced movers. A They discuss the use of music, and the specific situation of improvisation in performance. A For leaders who want to design their own improvisations, they trace the evolution of an idea into an actual content and structure. A They also address the controversial issue of the legitimacy of improvisation in an academic curriculum. A A final chapter presents hundreds of improvs and improv ideas, grouped into units and cross-referenced. The Moment of Movement is not tied to any one point of view. The authorsâ ™ presentation of a broad range of material is flexible enough for use by choreographers, directors, educators, and therapists. A In its perceptive investigation of the experiential and conceptual aspects of dance improvisation, this book articulates the ephemeral.

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Customer Reviews

An excellent, easy to follow introduction to dance improvisation with directions for many experiential activities.

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